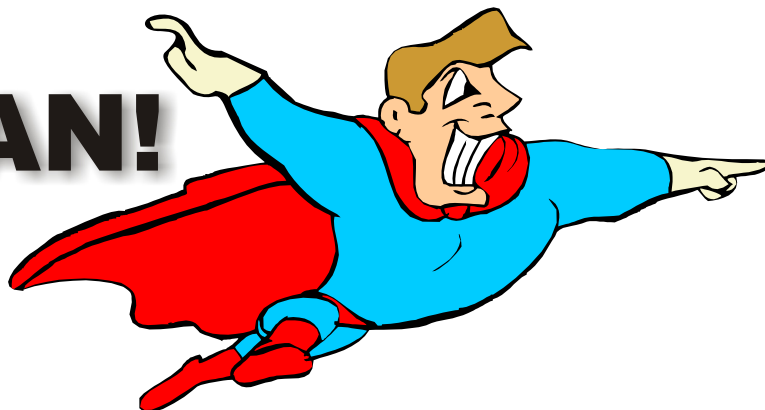


GLOVES

**DON'T BE
SUPERMAN!**



**CHANGE YOUR
GLOVES**

Superman Syndrome...

...preparing, handling and touching anything and everything while wearing the same pair of gloves.

DON'T DO IT! STOP - change your gloves!

Gloves are a single use item and must be thrown away after each use! Always wash your hands after removing gloves or before changing into a new pair!

Remember to Change your Gloves:

- when they become soiled or torn
- after handling raw meats
- before handling cooked or ready-to-eat foods
- when leaving your task
- at least every four hours during continual use and more frequently when necessary
- at any time when you would otherwise wash your hands

